

course support material

THE SEVEN MYSTICAL LAWS OF ABUNDANCE

- SUJITH RAVINDRAN -



DAY 1

Introduction to
Abundance Creation

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DAY 1

Introduction to
Abundance Creation

Welcome

TO THE JOURNEY

We are truly honored and grateful that you are here and having answered the call towards shifting your energy, your experience and your life purpose towards greater levels of abundance. Therefore shifting our collective consciousness into that direction.

Thank you for being a beacon of hope, for stepping forward in a world that so desperately needs it, and for recognizing that our collective power lies in our shared responsibility.

Joining this cause as an individual is a powerful testament to your courage, compassion, and belief in a better world. In doing so, you are not just standing alone but becoming part of a collective transformation, a movement of like-minded souls united by the desire to bring about meaningful change.

Each step you take, each action you offer, ripples through the fabric of humanity, reminding us that together, we are stronger.

Your commitment and energy are what fuel this collective vision, and with every individual like you, we come closer to creating a future that reflects the values of peace, justice, unity and abundance

Introduction to Abundance Creation

Welcome

TO THE JOURNEY

TIME REQUIREMENTS:

This journey of 7 weeks consists of:

Weekly:

90 minute live broadcasts and teachings with Sujith Ravindran every Saturdays from:

09:00 - 10:30 am Pacific (PST)

12:00 - 01:30 pm Eastern (EST)

18:00 -19:30 European Time (GMT)

09:30 - 12:00 pm India Time (IST)

Daily:

15-20 min. exercises, guided videos and immersive experiences (times vary).

COURSE MATERIAL:

- Course material is provided. Please download the daily pages of the workbook in PDF format from the website and save it in a location that is easily accessible for you.
- Some exercises within this course require a printed copy of specific pages (printer needed) as well as coloring pens. We recommend also having a journal for notes available.
- Additionally we offer a free copy of Sujith Ravindran's book "The Seven Mystical Laws of Abundance."

For us, exchange of energy is an ACTIVE PRINCIPLE and one of the fundamental teachings within the course.

The more we can give and receive, the more we can create a quantum ripple effect, multiply abundance and give fuel to all our dreams.

Introduction to Abundance Creation

IF YOU GIVE, SO SHALL YOU RECEIVE

Welcome to the introductory lesson of our 7-week online course on abundance creation, inspired by the profound principles outlined in "The 7 Mystical Laws of Abundance" by Sujith Ravindran, and enriched with insights from Quantum Science of Consciousness. Throughout this journey, we will explore the depths of spiritual and scientific perspectives to unravel the mysteries of abundance and empower you to manifest prosperity in every aspect of your life.

Course Objectives and Structure:

- Our primary goal is to equip you with the knowledge, tools, and practices to tap into the infinite abundance of the Universe and transform your reality.
- Over the course of seven weeks, we will explore each of the 7 mystical laws of abundance outlined in Sujith Ravindran's book, delving into their spiritual significance and practical applications.
- We will also integrate insights from Quantum Science of Consciousness to deepen our understanding of the interconnectedness between consciousness and abundance.
- Each week, we will gather for 90-minute sessions where we will engage in discussions, reflections, exercises, and practical applications to embody the principles of abundance in our lives.
- Each day, we encourage our community to engage with each other in small groups to review, contemplate and reflect on daily exercises.

Introduction to Abundance Creation

IF YOU GIVE, SO SHALL YOU RECEIVE

Understanding Abundance: Mystical and Scientific Perspectives

- **Abundance transcends mere material wealth; it encompasses richness in all aspects of life—see the Abundance Wheel**
- **From a mystical viewpoint, abundance is seen as a natural aspect of the Universe's infinite potential, awaiting realization through alignment with spiritual laws.**
- **Scientifically, quantum physics offers insights into the role of consciousness in shaping our reality and influencing the abundance we attract.**

Abundance Wheel



Understanding Quantum Science of Consciousness: Non-locality and Discontinuity

Quantum Science of Consciousness explores consciousness beyond the confines of classical physics, introducing concepts such as non-locality and discontinuity. 5

1. Non-locality suggests that consciousness is not bound by space or time, enabling instantaneous connections and communication regardless of the distance between them.
 - **Interconnectedness:** Non-locality implies that we are interconnected with everything in the Universe. That implies, when we focus our consciousness on abundance and prosperity, we are not only affecting our personal reality but also contributing to the collective field of abundance.
 - **Manifestation:** Non-locality suggests that manifestations can occur instantaneously, transcending traditional notions of cause and effect. This means that our intentions for abundance can manifest almost immediately, bypassing the limitations of linear time. By harnessing the power of non-locality, we can accelerate the process of abundance creation and bring our desires into reality more swiftly.

Introduction to Abundance Creation

IF YOU GIVE, SO SHALL YOU RECEIVE

2. Discontinuity refers to the idea that reality is not continuous but rather composed of discrete, quantum leaps or jumps.

- **Quantum Leaps:** From the perspective of abundance creation, Discontinuity implies that abundance creation does not necessarily follow a linear progression. Instead, transformations and manifestations can occur in breakthroughs, suddenly and unexpectedly.
- **Openness to Possibilities:** Embracing the principle of Discontinuity encourages us to remain open to unexpected opportunities and synchronicities that may arise on our path to abundance. By embracing the infinite possibilities of the quantum field, we create space for miraculous manifestations and quantum leaps in our abundance journey.

Exploring the Interconnectedness Between Consciousness and Abundance

1. **Unity Consciousness:** The concept of unity consciousness recognizes that all beings and phenomena are interconnected and part of a unified whole. The possibility of every possible manifestation is contained in this whole. And since we are part of this whole, we have access to all the abundance that is contained in this whole.
2. **Law of Attraction:** In the field of Consciousness, like attracts like. Our thoughts, beliefs, and emotions have a direct impact on the reality we experience. When we align our consciousness with abundance—cultivating feelings of gratitude, love, and abundance—we naturally attract more abundance into our lives.
3. **Subtle Abundance:** Abundance means different things for different people, of which abundance of money and material are just a few things that people pursue. Inner experiences of love, gratitude, oneness, joy and peace are also abundance for many of us, and these are also expressions of consciousness in subtle forms.

Introduction to Abundance Creation

IF YOU GIVE, SO SHALL YOU RECEIVE

Phenomena of Quantum Abundance: Synchronicity, Serendipity, Miracles & Telepathy

1) For **synchronicity** to happen, there must be two ingredients.

- a) An intention or thought of something wanting to manifest. This intention or thought can be conscious or unconscious.
- b) There must be entrainment (mystics call it spiritual resonance) between the vibration of the carrier of the intention/thought and the quantum field. In that moment of entrainment, your thought meets its material counterpart in the material plane. Those who do not understand the scientific process of synchronicity easily reduce such occurrences to coincidences.

2) **Serendipity**: While synchronicity implies a non-causal connection between events, often suggesting a deeper underlying order or unity, while serendipity pertains to the unexpected discovery or occurrence of events due to chance or random processes within the quantum realm.

3) **Telepathy** is considered to originate from quantum entanglement. Two persons, irrespective of their spatial locations communicate with each other. It is through this quantum entanglement that mother and a newborn communicate with each other. Intuition is another phenomenon that functions through quantum entanglement.

4) **Miracles**: When you are so attuned to the quantum field, and when your thoughts and intentions become one-pointed, you can hold the image of any object or experience in your awareness with one-point focus, and you become a channel of converting that thought into matter in an instant. This is instant transmutation of a possibility into reality.

THE ABUNDANCE WHEEL

The Abundance Wheel lays out all the areas of life where any human being pursues abundance. Use this wheel to determine which areas are you currently open to welcome abundance to.

1. **Finance & Wealth:** Your current situation with respect to finance & wealth, and the availability of a life plan in this area
2. **Physical Well-being & Health:** How you are feeling with respect to your physical vitality and ailments
3. **Physical Space & Location:** Your home and the place where you live in at this moment
4. **Relationships:** Where you are with respect to your relationships (family, community, friends, spouse, etc)
5. **Self-worth & Image:** How much you value yourself and what is the value that others give you
6. **Success:** The level of success you are experiencing in the areas that are most important to you today
7. **Growth & Learning:** The level of growth and learning you are receiving from the life you are leading today
8. **Vision & Purpose:** The long view you have for your life, and the extent to which you are expressing your passion and true gifts
9. **Spirituality & Self-realization:** the extent to which you feel connected to a higher source and are fully realizing your Human Potential
10. **Transcendence & Bliss:** The extent to which you can rise above the challenges that life throws at you and feel elated about life in



PRACTICE & REFLECTION

INVITATION: Ask yourself

1. How does your understanding of abundance align with both mystical and scientific viewpoints? Take a moment to explore any discrepancies or connections between these perspectives.

Choose one area of your life where you desire greater abundance (use the Abundance Wheel). Rank and Score.

2. How can you apply the principles of Non-locality and Discontinuity to shift your mindset and attract abundance in this area?

3. Reflect and map the qualities of the Scarcity Mind and the Abundant Mind.

4. Share specific actions or rituals you plan to incorporate into your routine to activate the Abundant Mind.

SELF ASSESSMENT

Please take a self assessment to create a snapshot of your reality before the start of the course. An exercise like this using the Abundance Wheel will give you a sense of the next leap of abundance you are ready for and ultimately the effectiveness of this 50 day journey.

In each of the areas of life where you pursue abundance, give yourself a score between 1 to 10 based on what is the level of abundance you have in your life today (based on your current reality).



Areas of Abundance	1	2	3	4	5	6	7	8	9	10
1. Finance & Wealth:										
2. Physical Wellbeing & Health:										
3. Physical Space & Location:										
4. Relationships:										
5. Self-worth & Image:										
6. Success:										
7. Growth & Learning:										
8. Vision & Purpose:										
9. Spirituality & Self-realization:										
10. Transcendence& Bliss:										