

The following lesson plan was designed to accompany:

The Quiet Book, written by Deborah Underwood, illustrated by Renata Liwska, published by Houghton Mifflin (2010); see: <http://deborahunderwoodbooks.com/Deborah-Underwood-The-Quiet-Book.html>

TEACHER'S GUIDE

TITLE: The Quiet Book: the many faces of "Quiet."

MATERIALS NEEDED:

- 1. The Book**
- 2. Either a variety of stuffed animals (you need to bring in advance); or (more elaborate and would need advance planning)**
- 3. the makings for sock or finger or plate puppets, maybe even a puppet stage.**

Lesson Plan: to read the book, and periodically stop to ask kids if they have experienced a kind of quiet in the book, and possibly to use stuffed animals or puppets to act out a kind of quiet.

TEACHER: We're going to read a little book that shows us about the many kinds of Quiet in our lives. Do you know why we want to think about being quiet? (see if kids have a sense that Quakers use being quiet as a form of being close to God).

Let's compare notes...

- 1. Have you experienced this kind of "Quiet"?**
- 2. What was it like? How did it feel?**

Let's do a "Role Play" or skit about this kind of quiet;

- 1. What are the parts our puppet/animals need to play?**
- 2. Can we play this part AND be quiet? It might also be called "in silence" or, when we're acting, "being a mime." In skits, the folks who are "mimes" don't talk.**
- 3. What would be you be thinking as you play that part?**

Project: Make puppets, or do role plays.

(There are enough kinds of "quiet" to act out to keep busy for an hour. Or, making puppets could make an hour-long project.

SUM: Let's review some kinds of quiet that we have experienced.